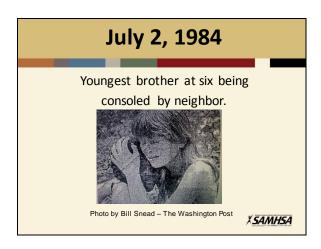
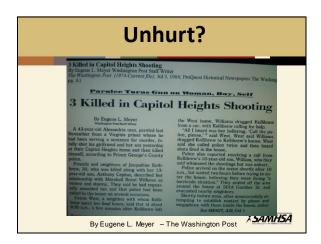


"TRUST is the first casualty of early abuse." Betsey McAllister Groves Harvard Professor

Loss of safety Shame Guilt Humiliation Loss of Hope Isolation Loss of Value







July 4, 1984 Re-traumatized and triggered at family picnic *SAMHSA*

Traumatic Reminders and Coping

5th Grade

hypervigilant, aroused, avoidance dissociation, bed wetting increased (bullied) youngest brother made to sit under the teacher's desk for "acting out"

6th Grade

warning signs present in creative writing class made to sit at the front desk with teacher without understanding why, forced to grow up (matchbox cars)

7th Grade

bullying got worse, isolation increased, dis **54/14/54** n

Intervention

- -Assistant Principal's office was safe place Mr. Charles C. Christian
- -Grandmother responded by involving Children's ----Hospital during suicide attempt
- -Hospitalised for the first time road to recovery begins
- -First-ever therapist social worker
 Ms. Christine Pierre was creative,
 compassionate and eager to listen and help

X SAMHSA

| Thank You | |
|-----------------------------------|---|
| | - |
| | |
| Thank you, Thank you, Thank you. | , |
| | |
| X SAMHSA | |
| | |
| | 1 |
| Self-Care | |
| | - |
| Whose mask will you put on first? | |
| whose mask will you put on mist: | |
| | |
| X SAMHSA | |
| | |
| | |
| Self-Care | |
| | |
| Barrier or Pathway? | |
| <i>,</i> | |
| * SAMHSA | |

Trajectories are different **SAMHSA**

Expectations

"Low expectations from a child's teacher can cause a child to fail.

Low expectations from a parent can crush a child's soul."

Dr. William "Bill" Cosby

X SAMHSA

Expectations

What about our own expectations for ourselves?

Do we feel <u>well</u> when we start our day?

Barrier or Pathway?

X SAMHSA

Healing and Recovery

Do we believe recovery is possible?

Are we sincere, genuine and compassionate?

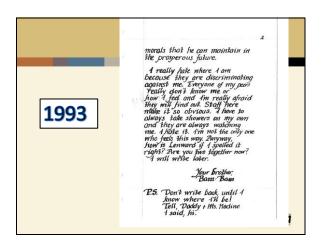
"Children see the truth directly."

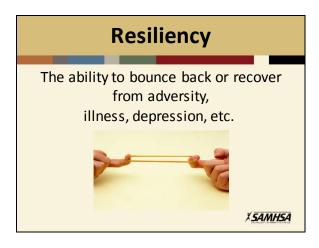
Dr. Richard Mollica

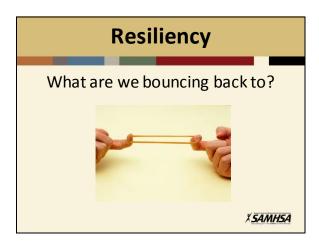
Healing Invisible Wounds

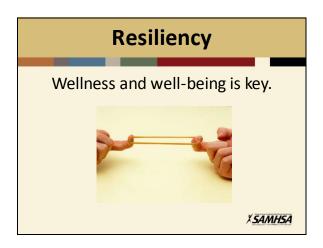
X SAMHSA

13 Years - Family Therapy **SAMHSA**









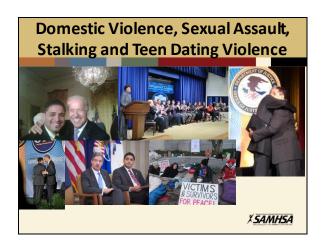
Wellness and well-being is key. **SAMHSA**

Resiliency

2013 Resource Guide
Preventing Child Maltreatment and
Promoting Well-Being: A Network
for Action

Administration For Children and Families
Adminstration on Children, Youth and Families
U.S. Department of Health and Human Services

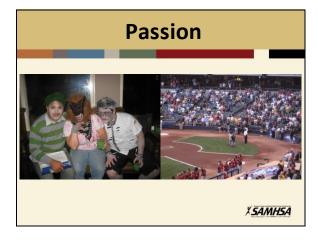
Task Force to Prevent Violence







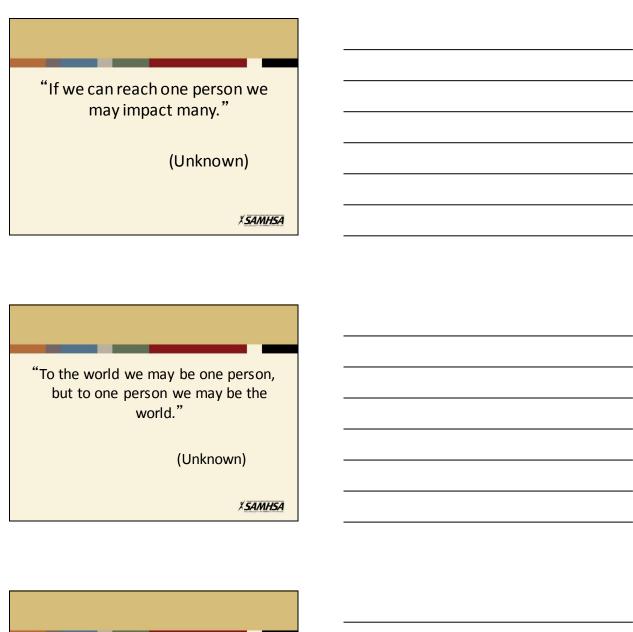




"Rebuilding a life after trauma can and will be difficult, but with support and services from the professional community, school and my family, I was given tools to help save my own life."

-William Kellibrew, IV Survivor

X SAMHSA



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